



Hendon Preschool

Illness Guidelines

Quality Area 2 – Children’s Health and Safety

The Preschool aims to provide a healthy and safe environment for the physical and emotional wellbeing of children and educators.

Unwell children are not permitted to attend the Preschool.

Children will be excluded from Preschool when:

- They are deemed to be too unwell to cope with the normal routine.
- They are regarded as a health risk to others, or contagious (e.g. have a green runny nose and/or a cough).
- They have been vomiting within the last 24 hours.
- They have had diarrhoea within the last 24 hours.
- They have started antibiotics in the past 24 hours.
- The child has an infectious disease.

If a child develops a high temperature (above 38) the child’s parents/caregivers will be notified by phone and the child will need to be collected. If the parents/caregivers are unable to be contacted, the emergency contacts listed on the enrolment form will then be phoned to come and collect the child.

If a child becomes unwell at the Preschool, an educator will record it on an Incident, Injury, Trauma and Illness report form and provide this to families for signature. The signed form is kept in the child’s file and a copy is provided to the family if requested.

Families will:

- Advise the preschool, as soon as practical, if their child is absent.

Educators will:

- Notify families if there is an outbreak of an infectious disease.

Administration of Medication

Parents/caregivers (and where required, a medical practitioner) must complete the Medication Agreement form before any medication (including items bought over the counter) can be administered at the Preschool (*except for an emergency response for asthma or Epi pen*).

Medication must be in original packaging with pharmacy label clearly stating child’s name, dosage, etc. Medication must not be left in the child’s bag and must be handed to an educator at the beginning of each session.

Educators will:

- Use a timer to ensure medication is given at correct time;
- Use two educators to check dosage and to counter sign when medication given;
- Ensure medication is kept locked on health shelf or refrigerator (when necessary);
- Notify leadership and document on IRMS if required.

Plans

Hendon Preschool must receive details of individual care recommendations for any child with an identified health condition that may need intervention. This may include Health Support Agreement, Safety and Risk Management Plans, Individual First Aid Plans and/or Medication Agreements, documented by a health care professional. These plans and agreements provide details of emergency and routine health and personal care support.

Health support Agreement

When a child requires health support, the family and the Preschool must develop a Health Support Agreement that outlines how the site will meet the requirement of the Health Care Plan. The Health Support Agreement will identify site specific management and emergency response strategies and level of care needed.

Records

Educators will record any medication given on Medication Log. This included date, time, medication, dosage, given by, observed by.

A Medical Conditions Communication plan is available to document any communication with families.

These guidelines have been developed in line with the following;

- Department for Education - First Aid and Infection Control Standard
- Department for Education - Medication management in education and care services
- SA Health - [Exclusion from childcare, preschool, school and work | SA Health](#)

Monitoring, Evaluation and Review

This guideline has been developed by Hendon Preschool. It will be reviewed and evaluated regularly by educators and modified as required to ensure continued relevance for Hendon Preschool.

This guideline will be reviewed by all permanent/contract educators upon commencement at Hendon Preschool and when changes are made. It will be available for all Relief Educators near the Visitor Sign In Sheet.

Review as required to ensure continued relevance for Hendon Preschool.

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Recommended Illness Exclusion Periods

Disease/Condition	Exclusion of Case	Exclusion of contacts
Chicken Pox	Exclude until all blisters have dried (approx. 5 days)	Any child with an immune deficiency should be excluded for their own protection
Common cold	Exclusion NOT necessary but should stay home until child feels well	
Conjunctivitis	Exclude until discharge from eyes has stopped	
Diarrhoea	Exclude until no diarrhoea for at least 24 hours	
Gastroenteritis (incl Norovirus & Rotavirus)	Exclude until no vomiting or diarrhoea for at least 24 hours	
Hand, foot and mouth disease	Exclude until all blisters are dry	
Influenza B	Exclude until patient has had appropriate antibiotic treatment for at least 14 days	
Influenza	Exclude until well (at least 7-10 days)	
Measles	Exclude until 4 days after onset of the rash	Non-immunised contacts are excluded until 14 days after the last case in the facility

Ringworm	Exclude until the day after appropriate treatment has commenced	
Scabies	Exclude until the day after treatment has commenced	
School sores (Impetigo)	Exclude until appropriate treatment has commenced. Open sores must be completely covered with a dressing	
Viral Gastroenteritis	Exclude until no vomiting or diarrhoea for at least 24 hours	
Vomiting	Exclude until no vomiting for at least 24 hours	
Whooping Cough	Exclude for 5 days after starting antibiotics	For exclusion of contact information, seek advice from SA Health Communicable Disease Control branch
Worms	If diarrhoea present, exclude until no diarrhoea for at least 24 hrs	

These exclusion recommendations have been developed in line with the following;

- SA Health - [Exclusion from childcare, preschool, school and work | SA Health](#)