



## Diary Dates

### Term 4

#### Week 7:

25/11	Pupil Free Day
27/11	Student Leadership Lunch
28/11	Year 6 Aquatics Day
29/11	Whole School Transition #1

#### Week 8:

2-6/12	OSHC Giving Tree
3/12	School Concert
4/12	Middle and Upper Primary Choir performance in city
5-6/12	Year 6 to 7 Transition
6/12	Whole School Transition #2

#### Week 9:

9/12	Room 16 Water World Excursion
11/12	Year 6 Graduation
12/12	Year 5/6 Big Day Out and Incursion
13/12	Last day of Term 4

## Connect with us



Follow our Facebook and Instagram page for the latest news.



hendonps



@hendonprimaryschool



Seesaw



www.hendonps.sa.edu.au

Hendon Primary School acknowledges the Traditional Custodians of the land of the country on which the school is located and pays respect to their Elders past, present and emerging.

## Principal's Message

Dear Families,

I hope this message finds you well. Term 4 is progressing rapidly.

Soon, you will receive information about your child's class for next year. A great deal of work and careful consideration goes into class placements and planning.

Our 2025 Site Learning Plan, which outlines our improvement pathway, is in its final stages of development and will be shared once completed. We are focusing on strategic actions in the areas of wellbeing and positive behaviour, literacy, and numeracy.

Please be reminded that our updated Sun Protection Policy will commence in Term 1. I am pleased to see the improvement in hat usage across the yard, especially with the warmer weather approaching. Thank you for your support.

Exciting events coming up this term include:

- 25 Nov: Pupil Free Day – Staff will be learning about the Zones of Regulation.
- 27 Nov: Student Leadership Lunch – Celebrating the contributions of our student leaders, including peer mediators and Action Teams.
- 28 Nov: Aquatics Day for Year 6 students.
- 29 Nov: Whole School Transition #1 – Students will meet their new classmates.
- 2-6 Dec: OSHC Giving Tree near the school library before and after school. Please "give what you can, take what you need." Uncollected items will be donated.
- 3 Dec: School Concert – Sausage Sizzle from 4:30pm, Hub Band from 4:45pm, and class performances from 5:30pm. Please have students at school by 5:15pm.
- 4 Dec: Middle and Upper Primary Choir singing in the city at Mortlock Library and the railway station.
- 5-6 Dec: Statewide Transition for Year 6 students moving to high school.
- 6 Dec: Whole School Transition #2 – Students will meet their new classmates.
- 9 Dec: Room 16 Water World Excursion.
- 11 Dec: Year 6 Dinner at Woodville Hotel and Graduation Ceremony.
- 12 Dec: Year 5/6 Big Day Out and Incursion.

Lastly, it is an absolute pleasure to lead this wonderful school and community. I am excited to announce that I have been successfully nominated as Principal at Hendon for 2025, pending longer-term tenure plans for the school. The Education Director is confident this is a positive step for continuity and school improvement.

As we look forward to a celebratory end to the year, I wish you and your family a wonderful holiday break.

Kind regards,

**Reece Campbell, Principal**



**Reminder:**  
**PUPIL FREE DAY**  
**Monday 25**  
**November**

## Wellbeing

### Ways to Help Your Child Through School Transitions

As the school year draws to a close, many parents find themselves torn between excitement and anxiety. Parents worry about how their child will handle the changes, whether they'll make friends, succeed academically, or simply adjust to a new class. Transitions are hard for everyone involved, but they're also a natural and necessary part of life. By acknowledging your own feelings, modelling confidence, and trusting in your child's abilities, you can make these transitions smoother for both of you.

Here are five strategies to approach back-to-school season with a sense of calm and clarity.

#### 1. Acknowledge Your Feelings

It's perfectly normal to feel nervous, anxious, or even a little overwhelmed as your child finishes one year and prepares to begin another. Often, the moments in life that make us feel the most anxious also bring about the greatest opportunities for personal development.

#### 2. Focus on What Can Go Right

By focusing on the positives, you not only ease your own worries but also help set the stage for your child's success. Even if they don't get their favourite teacher or end up in a class with all their best friends, they'll still have plenty of opportunities to grow, build new connections, and discover new interests.

#### 3. See Challenges as Opportunities for Growth

Whether it's navigating a different class, adjusting to a new school, or dealing with social dynamics—challenges help children build essential life skills like resilience, problem-solving, and independence.

#### 4. Model Calmness and Confidence

When your child sees you not only staying calm but also expressing genuine enthusiasm for their new experiences, it boosts their confidence and helps them approach the transition with a more positive mindset. By helping them focus on the possibilities and adventures ahead, you're shifting their perspective from fear to excitement.

#### 5. Trust Your Child and Refocus Your Own Attention

By stepping back and giving your child the space to grow, you're allowing them to develop critical life skills, like independence and self-reliance. Refocusing your energy on your own well-being doesn't just help you—it also models healthy coping strategies for your child.



### The Smith Family - Learning for Life

#### What is Learning for Life?

The *Learning for Life* program partners with families to give their children the things they need to do their best at school. We want every child on *Learning for Life* to reach their potential, so we support their education from primary to high school and post-school studies.

*Learning for Life* provides:

- Support from a dedicated **Family Partnership Coordinator**. They can help with school attendance and transitions and connect families with support services in the community.
- Access to **educational programs** for the whole family. These include assistance with literacy, numeracy and help from learning mentors.
- **Scholarship money** twice a year to help with the costs of schooling.

To be eligible for the *Learning for Life* program, you must:

- Have a Health Care or Pension Concession Card
- Have a child or children that attend a school we work with and
- Support your child or children to attend school regularly

[Learning for Life - Expression of Interest \(thesmithfamily.com.au\)](https://thesmithfamily.com.au)

Now is the perfect time to apply to ensure you have access to scholarship funds early in 2025.

**Kimi Johns**

**Student Wellbeing Leader**





## Visual Arts

Students have been very busy in Visual Art. This semester, each class mastered a series of new techniques using various mediums. We analysed different landscape paintings and students were able to create their own using watercolour paints. Next, we moved onto stencil work where we used lead pencil to trace the cut-out sections and coloured with watercolour pencils, crayons or paint. This ensured that the artworks each had a different flair to them even if they had used the same stencil as another.

Last month, the students were very excited about Halloween and I tied this into our lessons with charcoal. They were able to sketch a pumpkin with a focus on lighting, shadows and shading. Currently, we are completing a variety of 3D artworks and many have incorporated a Christmas landscape theme. It has been fantastic to see such a high standard of work produced this year.

**Dena Duthoit**



By Sabia



STEVEN KIMBLE



Zack





**Visual Arts (continued)**



**Community Notices**

**Del Sante Gardens Calisthenics College**

Del Sante Gardens Calisthenics College in Flinders Park is on the lookout for passionate members to elevate our Junior Division 1 Team.

Looking for something new? Everyone is welcome at DSG - no prior dance or calisthenics experience required! Plus we're offering 2 FREE lessons to kickstart your journey with us.

Message us today on 0419 268 322 or email: [delsanteseecretary@gmail.com](mailto:delsanteseecretary@gmail.com) to get started.

Join now to learn new skills, meet new friends and grow with us.

**Del Sante Gardens Calisthenics College**

**We're looking for future stars aged 11-13 to join our Junior team!**



**Come & try calisthenics at DSG and receive 2 lessons FREE!**

**When?** Wednesdays 5:15pm-7:00pm

**Where?** Flinders Park Primary School



0419 268 322



delsanteseecretary@gmail.com



**MINI MAGPIES T-BALL PROGRAM**

Girls & Boys  
3-10 years

PROUDLY SPONSORED BY

**Community Bank**  
West Beach

**Bendigo Bank**

**Saturdays**  
10-11 am  
Barratt Reserve  
West Beach  
(near D8)

**PORT ADELAIDE SOFTBALL CLUB**

**REGISTRATION INCLUDES**

- 8 weeks of FUN!**
- Magpies T-Shirt!**
- Signed Softball!**
- Magpies Cap!**
- Magpies Sticker!**

**Dates: Saturday 23.11.24 to 14.12.24 & Saturday 8.2.25 to 1.3.25**